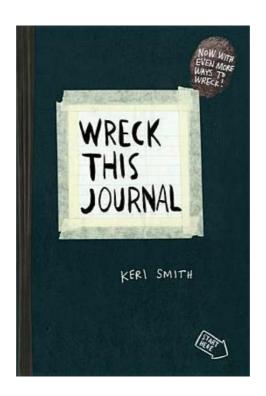
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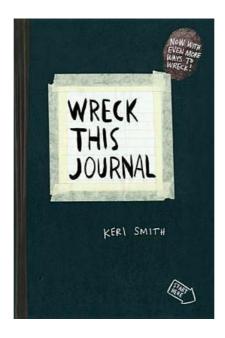
## By Keri Smith





For anyone who's ever wished to, but had trouble starting, keeping, or finishing a journal or sketchbook comes Wreck This Journal, an illustrated book that features a subversive collection of prompts, asking readers to muster up their best mistake- and mess-making abilities to fill the pages of the book (and destroy them). Acclaimed illustrator Keri Smith encourages journalers to engage in "destructive" acts-poking holes through pages, adding photos and defacing them, painting with coffee, and more-in order to experience the true creative process. Readers discover a new way of art and journal making-and new ways to escape the fear of the blank page and fully engage in the creative process.

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